## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL										
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). (Print or Type Responses)

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					<u> </u>							
Name and Address of Reporting Person*	2. Issuer Name <b>and</b> Ticker or Trading Symbol							5. Relationship of Reporting Person(s) to Issuer				
Benedetti Marco	ARRHYTHMIA RESEARCH TECHNOLOGY INC HRT											
	/ DE/						X	Director	10% (	)wner		
(Last) (First) (Middle)	3. Date of Earliest Transaction (Month/Day/Year)							Officer (give	Other	(specify		
47 SHADOW WOOD DRIVE								title below)		below)		
	12/18/2015											
(Street)	(Street) 4. If Amendment, Date Original Filed (Month/Day/Year)						6. Indi	6. Individual or Joint/Group Filing (Check Applicable Line)				
EAST AMHERST NY 14051								_x_Form filed by One Reporting Person				
						—Fo	orm filed by More than One	Reporting Person				
(City) (State) (Zip)												
	Table I Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
Title of Security		2A.	3. Trans- 4. Securities Acquired (A			<u>A)</u>	5. Amount of	6. Owner-	7. Nature of			
(Instr. 3)		· · · · · · · · · · · · · · · · · · ·						Securities	ship	Indirect		
	Date Execution Code (Instr. 3, 4 and 5) Date, if (Instr. 8)					Beneficially Owned	Form: Direct	Beneficial Owner-				
	any (fisti. 8)					Following (D) or						
		•				(4)		Reported	Indirect	ship		
	(Month/ Day/	(Month/ Day/				(A)		Transaction(s)	(I)			
	Year)	Year)	Code	V	Amount	or (D)	Price	(Instr. 3 and 4)	(Instr. 4)	(Instr. 4)		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

#### FORM 4 (continued)

# Table II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	action	Deemed Exec- ution	Coc	on	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Deriv- ative Secur- ity (Instr. 5)	9. Number of deriv- ative Secur- ities Bene- ficially Owned Follow-	10. Owner- ship Form of Deriv- ative Security: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exer- cisable	Expira- tion Date	Title	Amount or Number of Shares		ing Reported Trans- action(s) (Instr. 4)	(I)	
Stock Option	\$5.445	12/18/ 2015		А		7,500		(1)	12/18/ 2025	Common Stock	7,500	\$5.445	7,500	D	

### Explanation of Responses:

See attached "FOOTNOTES" page.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Salvatore Emma Jr., Attorney-in-fact
\*\* Signature of Reporting Person

1/22/2016 Date

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

1 The option holder may exercise purchase rights for 2,500 shares on or after 12/18/2016, and 2,500 each on or after the anniversary date each year or until 7,500 are exercised.