FORM 4	
☐ Check this box if no longer subject to Section 16. Form Form 5 obligations may con See Instruction 1(b).	4 or tinue.

(Print or Type Responses)

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of I WALTER PAUL	2. Issuer Name and Ticker or Trading Symbol ARRHYTHMIA RESEARCH TECHNOLOGY INC HRT /DE/						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)         X       Director         10% Owner							
(Last) C/O ARRHYTHMIA RESEA 25 SAWYER PASSWAY	(First) ARCH TECHNOLOGY INC.	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 12/18/2015							Officer (give Other (specify title below) below)				
FITCHBURG MA 01420	(Street)		4. If Amer	<u>_x</u> .Form					vidual or Joint/Group Filing (Check Applicable Line) rm filed by One Reporting Person rm filed by More than One Reporting Person					
(City)	(State)	(Zip)	Table I Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1. Title of Security (Instr. 3)			2. Trans- action Deemed Date, if any 2. Trans- action Deemed Code (Instr. 8) 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)					A)	5. Amount of Securities Beneficially Owned Following	7. Nature of Indirect Beneficial Owner- ship				
		(Month/ Day/		(Month/ Day/ Year)	/		Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(D) or Indirect (I) (Instr. 4)	(Instr. 4)		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

## FORM 4 (continued)

## Table II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conver- sion or Exercise Price of Deri- vative Security	3. Trans- action Date (Month/ Day/ Year	Coc	on	5. Number of Deriv- ative Securities Ac- quired (A) or Dis- posed of (D) (Instr. 3, 4, and 5)		6. Date Exer- cisable and Expiration Date (Month/Day/ Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			9. Number of deriv- ative Secur- ities Bene- ficially Owned Follow-	10. Owner- ship Form of Deriv- ative Security: Direct (D) or Indirect	11. Nature of Indirect Benefi- cial Ownership (Instr. 4)
			Code	v	(A)	(D)	Date Exer- cisable	Expira- tion Date	Title	Amount or Number of Shares		ing Reported Trans- action(s) (Instr. 4)	(I) (Instr. 4)	
Stock Option	\$5.445	12/18/ 2015	A		7,500		(1)	12/18/ 2025	Common Stock	7,500	\$5.445	7,500	D	

Explanation of Responses:

See attached "FOOTNOTES" page.

- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Salvatore Emma Jr., Attorney-in-fact \*\* Signature of Reporting Person 1/22/2016

Date

1 The option holder may exercise purchase rights for 2,500 shares on or after 12/18/2016, and 2,500 each on or after the anniversary date each year or until 7,500 are exercised.